

Multiple antimicrobial resistance in Enterobacteriaceae isolates from pristine freshwater

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Genet. Mol. Res. 6 (3): 510-521 (2007) Received June 13, 2007 Accepted July 30, 2007 Published September 5, 2007

ABSTRACT. A freshwater enterobacterial population (N = 111) was studied for antimicrobial and mercury resistance patterns, and for its possible association with biotic and abiotic factors in that environment. Conventional biochemical tests identified *Klebsiella* sp, *Morganella* sp, *Serratia* sp, *Escherichia* sp, *Enterobacter* sp, *Edwarsiella* sp, *Proteus* sp, *Citrobacter* sp, *Providencia* sp, and *Kluyvera* sp. There was no correlation between antimicrobial resistance patterns varied among water samples and between seasons. Resistance to multiple antimicrobials was common (61%). The percentage of bacteria resistant to at least one antimicrobial differed between the

rainy (100%) and dry seasons (89%). Resistance to β -lactams and chloramphenicol was the most frequent and resistance to amikacin, gentamicin and kanamycin was less frequent. The main water variables examined (abiotic factors pH and temperature; biotic factor chlorophyll *a* concentration) did not influence antimicrobial resistance. Significant impact on freshwater enterobacteria, as evidenced by antimicrobial-multiple resistance and by the presence of bla_{TEM} gene, may point to the fact that it has an important role in horizontal spread of resistance.

Key words: Abiotic factors, Antibiotic resistance, Enterobacteriaceae, Freshwater, Mercury

INTRODUCTION

Antibiotic resistance in bacteria is a contemporary global public health problem (Levy and Marshall, 2004; Wright, 2007). Bacterial resistance to antibiotics arises not only by gene mutations, but mostly by the acquisition of heterologous resistance genes from other bacteria (Kapil, 2005). It is widely accepted that antibiotic-resistant strains primarily arise in hospitals and spread further among pathogenic bacterial populations as a result of strong antibiotic selective pressure (Blazquez et al., 2002; O'Brien, 2002). Efforts to reduce this resistance are based on the assumption that it will decrease in the absence of positive selection by antibiotics. Control of antibiotic use should therefore restrain the spread of resistance (Barza and Gorbach, 2002).

To date, the majority of the studies of resistance patterns have focused on pathogenic bacterial populations, but it is known that commensal bacteria are also common reservoirs of antibiotic resistance genes (Levy and Marshall, 2004). Therefore, the information derived from studies of pathogenic bacteria may not be representative of all bacteria. In fact, as resistance is studied in bacteria isolated from presumably nonselective environments unrelated to clinical ones, the emergence and spread of antibiotic-resistant bacteria have also been reported (Ash et al., 2002; Whitehead et al., 2003; Salyers et al., 2004). Thus, screening for antibiotic-resistant bacteria in natural ecosystems is highly relevant, and worldwide studies have been carried out to identify environmental reservoirs of bacterial antibiotic-resistant bacteria in vild-animal populations and natural water supplies (McKeon et al., 1995; Gõni-Urriza et al., 2000; Sherley et al., 2000; Nascimento et al., 2003). Selection of antibiotic-resistant bacteria in these environments may be a consequence of antibiotic production by other microorganisms. The pressure exercised by these microorganisms would lead to the dispersion of resistance genes carried by plasmids and transposons, which contain not only antibiotic resistance determinants, but also other selectable markers, such as heavy metals (Davison, 1999; Nascimento and Chartone-Souza, 2003).

Members of the family Enterobacteriaceae have a worldwide distribution and are found in various environments and hosts such as water, soil, plants, human beings, and other animals, but they are also significant causes of human disease. Antibiotic resistance among

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them has been regularly monitored in the hospital (Goldstein, 2000; Andres et al., 2005). In contrast, there is still very scarce information of bacterial isolates from regions not exposed to antimicrobial use by humans. Due to its geographic location and the presence of many streams not impacted by humans, the Serra do Cipó National Park seemed to be an appropriate area to investigate the distribution of antibiotic resistance in the wild. In this study, we assessed the antimicrobial resistance patterns of enterobacteria isolates from Serra do Cipó freshwater streams, collected both in the rainy/summer and dry/winter seasons. We also assessed the correlation between resistance patterns and some abiotic factors.

MATERIAL AND METHODS

Study area and sample collection

The Serra do Cipó National Park (19°-20° S; 43°-44° W; Figure 1) has a humid subtropical climate with mild and rainy summers (annual rainfall ca. 1,500 mm, October-March) and dry winters April-September (Koppen, 1936; Galvão and Nimer, 1965). Serra do Cipó (Minas Gerais State) is located in the cerrado biome (a major savannah-like ecosystem) which is regarded as one of the most important biodiversity hotspots in Brazil, with a high diversity of plant and animal species, many of them endemic (Cota et al., 2002). A longitudinal



Figure 1. Sampling site locations along the Indaiá Stream in the National Park of Serra do Cipó and the Peixe River.

gradient was studied in the Indaiá Stream (1st- up to 5th-order stream reaches, inside the Serra do Cipó National Park) and Peixe River (7th- and 9th-order stream reaches, outside the Serra do Cipó National Park, near cattle farms), both belonging to the Doce River watershed. This hydrological classification based on orders of stream magnitude is in accordance with Strahler (1957).

Water samples were collected under the stream surface in sterilized glass bottles and stored on ice for up to 6 h from the time of collection for transport and subsequent analysis in the laboratory. Collection took place in March (rainy season) and in July (dry season) of 2001. The water temperature, dissolved oxygen concentration, and pH at the sampling sites were measured with a multiprobe model U-10 (Horiba, Kyoto, Japan). The concentration of chlorophyll *a* (Chl *a*), dissolved organic carbon, total nitrogen, and total phosphorus were measured using standard methods (Lorenzen, 1967; Golterman et al., 1978; Margurran, 1988; Benner and Strom, 1993).

Isolation and identification of Enterobacteriaceae

Water samples were plated on eosin methylene blue agar. The isolates were purified by restreaking. Following overnight incubation in nutrient broth at 25°C, the isolates were stored in glycerol at -70°C. Identification of isolates obtained in pure culture was based on Gram staining, respiration-fermentation tests, citrate utilization, and production of H_2S , urease, tryptophan deaminase, indole, and lysine decarboxylase, according to the procedures recommended in the Bergey's Manual of Determinative Bacteriology (Holt, 1984). Isolates that could not be identified at the genus level were disregarded.

Susceptibility testing

The minimum inhibitory concentration was determined by the agar dilution method in Mueller-Hinton medium in accordance with the National Committee for Clinical Laboratory Standards (NCCLS, 2001) guidelines. Eleven antimicrobial agents were selected as representatives of important classes of antimicrobials: ampicillin, amoxicillin-clavulanic acid, tetracycline, chloramphenicol, nalidixic acid, rifampicin, amikacin, gentamicin, kanamycin, streptomycin, and the heavy metal, mercury bichloride. For data analysis, the NCCLS breakpoints for resistance and susceptibility for Enterobacteriaceae were used to reflect their clinical significance. For mercury bichloride, the minimum inhibitory concentration breakpoint was established as 4 μ g/mL, based on a previous study (Nascimento et al., 1999).

Detection of β -lactamase production and bla_{TEM} gene by polymerase chain reaction

 β -lactamase activity was tested with nitrocefin (Calbiochem, San Diego, CA, USA) as described by Braga et al. (2005). The bla_{TEM} gene was amplified by polymerase chain reaction (PCR) using the primers TEM-A and TEM-B (Belaaouaj et al., 1994). PCR mixtures (20 µL) consisted of 0.4 mM of each dNTP, 0.4 µM of each primer, 1 unit Taq DNA polymerase, and 50 ng bacterial DNA. The thermal cycling conditions used were those described by Belaaouaj et al. (1994).

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Statistical analyses

Statistical analyses were performed with Minitab for Windows version 14.2 (Minitab Inc., Philadelphia, MA, USA). The chi-square test and the Pearson's correlation coefficient were used to test differences between antimicrobials and mercury of resistant bacteria isolated from rainy and dry season samples. Only sample sizes \geq 5 were considered in these analyses. The software NTSYSpc version 2.1 (Exeter Software, New York, NY, USA) was used for the principal-component analysis (PCA) of environmental variables. Multiple linear regression by the method of least squares was used to describe the relationship between resistance parameters and abiotic characteristics of interest. These relationships were analyzed with the StatView statistical software package version 4.51 (Abacus Concepts, Inc., Berkeley, CA, USA). A P value \leq 0.05 was considered to be statistically significant.

RESULTS

Characterization of biotic and abiotic factors

The physical, chemical, and biological characteristics of the orders of stream reaches studied are shown in Table 1. Higher water temperatures were recorded, as expected, in the rainy summer period. The temperature variation between sampled periods reached up to 10° C. The waters were well oxygenated in both seasons. The pH data obtained suggested a slightly acidic environment with water values close to 7.0 during the dry season, except for the first-order stream reach. A positive correlation between pH and temperature was found (r = 0.73, P < 0.05) during the rainy season. Higher dissolved organic carbon concentrations were observed in the rainy season. Total nitrogen and total phosphorus concentrations showed no limitations of these essential nutrients in the study area. No clear correlation was detected in Chl *a* concentration between the two seasons in the different orders of stream reaches.

Aquatic enterobacterium identification

A total of 111 bacterial isolates (45 from the rainy season and 66 from the dry season samplings) were identified to at least the genus level: *Citrobacter* sp (N = 2), *Enterobacter* sp (N = 9), *Edwarsiella* sp (N = 4), *Escherichia* sp (N = 8), *Klebsiella* sp (N = 52), *Kluyvera* sp (N = 1), *Morganella* sp (N = 16), *Proteus* sp (N = 5), *Providentia* sp (N = 2), and *Serratia* sp (N = 12).

Antimicrobial resistance

The percentage of freshwater enterobacteria showing antimicrobial resistance was determined, and resistance was demonstrated for all antimicrobials tested and mercury bichloride. Of the total 102 enterobacteria analyzed (nine were excluded since they belonged to genera with N < 5) from seven orders of stream reaches, 93% showed resistance to at least one antimicrobial at some level (Table 2). *Kluyvera* was the only genus susceptible to all antimicrobials tested.

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Characteristic ^a						0	Drder of st	Drder of stream reach	Ч					
	1st	t	2nd	ы	3rd	þ	4	4th	5	5th	7	7th	6	9th
	К	D	К	D	ч	D	Я	D	R	D	ч	D	2	D
H	4.3	4.7	4.2	6.2	4.5	6.1	4.4	6.4	4.4	6.9	5.5	7.3	5.8	7.3
[Temperature (°C)	22.7	19.0	23.4		21.5	14.0	21.3	14.0	21.2	14.0		15.0	24.3	19.0
FOD (mg/L)	7.9	6.9	8.3	6.9	7.1	6.7	7.4	7.0		6.8		7.5	8.7	7.5
ΓP (mg/L)	1.325	24.65	9.503		14.5	20.25	13.34	27.95		15.20		14.52	15.88	8.492
TN (mg/L)	493	432.4	589.9		234	145.1	411.5	203.6		230.5	244.6	241.2	516.5	QN
DOC (mg/L)	11.3	7.0	8.2	4.1	7.3	3.5	7.8	3.6		2.4		0.9	1.6	0.6
Chl a (mg/L)	0.3	1.9	5.1	3.5	3.5	1.3	2.1	0.3	3.5	3.7	2.4	2.9	4.0	4.8

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Wide differences in resistance percentages were observed for particular antimicrobials among bacterial genera, as was the case for tetracycline and for genera such as *Serratia* and *Klebsiella*. Moreover, resistance percentages for different antimicrobials greatly differed within the same bacteria even within the same season, e.g., among *Klebsiella* sp isolates, none was resistant to amikacin, whereas 83% were resistant to ampicillin. Resistance percentages were significantly different between seasons within the same bacterial genus, with the exception of *Serratia* sp and *Klebsiella* sp isolates which were resistant to amoxicillin-clavulanic acid and chloramphenicol, respectively (Table 2). Ampicillin resistance was the most frequent (84%) irregardless of the season, reaching 97% during summer and 76% during winter. The lowest resistance percentages were detected for aminoglycosides and ranged from 3 to 17%.

Multiple resistant enterobacteria were frequent (61%), especially in the rainy season samplings (77%), and less frequent in the dry season samplings (52%) (Table 2). Overall, an isolate was most frequently resistant to four antimicrobials than to one antimicrobial (Figure 2). Proteus was the genus that showed resistance to more antimicrobials simultaneously. On the other hand, Escherichia was the most sensitive genus to antimicrobials because only 12.5% of the isolates demonstrated multiple resistance. *Klebsiella* isolates from the dry season samplings exhibited the largest number of resistance markers, amounting to eight of the 11 antimicrobial agents investigated. Furthermore, the seasonal analysis revealed that the percentage of resistance found in bacterial isolates recovered from the rainy season samplings differed from those of the dry season samplings (P < 0.05). This was evidenced by the percentage of nalidizic acid- and tetracycline-resistant bacteria. Resistance percentages were higher in the rainy season isolates than in the dry season isolates. All bacterial isolates from rainy season samplings were resistant to at least one antimicrobial agent. Resistance to mercury was more frequent in the dry season samplings, and it was always associated with at least two other resistance markers. The highest percentage of mercury resistance was observed for the genus Serratia (Table 2). There was a highly significant correlation between antimicrobial markers and mercury, which was more evident for nalidixic acid (r = 0.934, P < 0.001), chloramphenicol (r = 0.900, P < 0.001) and ampicillin (r = 0.771, P < 0.001).

Ampicillin-resistant bacteria were predominant, and we therefore considered it important to determine β -lactamase production. The colorimetric assay in the ampicillin-resistant population revealed a high frequency of β -lactamase producers in both seasons: 97% in the rainy season samplings and 90% in the dry season isolates. β -lactamase was not detected for five *Klebsiella* sp isolates and one *Serratia* sp isolate, and therefore, the mechanism of resistance to ampicillin could not be identified. All bacterial genera, except for *Citrobacter* harbored the *bla*_{TEM} gene, as revealed by PCR.

The influence of biotic and abiotic factors on antimicrobial resistance

A PCA was performed on all environmental variables described in Table 1 to reduce data and to obtain an overview of the biotic and abiotic conditions in the investigated freshwater sites. Multiple regression was also performed in order to relate environmental variables with changes in the composition of the bacterial communities and with the antimicrobial resistance patterns observed. This analysis was restricted to the environmental variables that strongly cor-

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Antimicrobial							aBac	^a Bacterial genus	snu						
	Ent. (N	V = 9	E. (N =	= 8)	Kl. (N =	= 52)	Mo. (N = 16)	= 16)	Pr: (N =	= 5)	Ser. $(N =$	= 12)	Tota	Total (N $=$	= 102)
	R	D	R	D	R	D	Ч	D	Я	D	Я	D	Ч	D	
Am	83	0	100	0	50	35	92	0	100	0	75	75	82	30	50
Ap	100	33	100	71	83	78	100	33	100	0	100	75	97	76	84
Ak	17	0	0	0	0	0	8	0	20	0	0	0	8	0	ŝ
Gm	17	0	0	0	0	0	8	0	20	0	0	0	8	0	ŝ
Km	0	0	0	14	17	0	7	0	0	0	0	0	5	С	4
Sm	17	0	100	0	33	15	8	0	40	0	37	0	26	11	17
Cm	17	0	100	0	50	50	8	0	80	0	37	50	33	40	37
Nx	0	0	100	0	17	52	0	0	20	0	12	50	10	67	29
Rf	33	0	0	14	17	26	39	0	40	0	62	50	39	24	29
Tc	33	0	100	0	50	15	38	0	80	0	50	75	49	16	28
Hg	0	0	0	57	17	43	15	0	0	0	37	100	15	44	33
Total	100	67	100	100	100	91	100	33	100	0	100	100	100	89	93
Multiple resistance	25	5	67	7	71		100	0	75		88	~	77	52	61

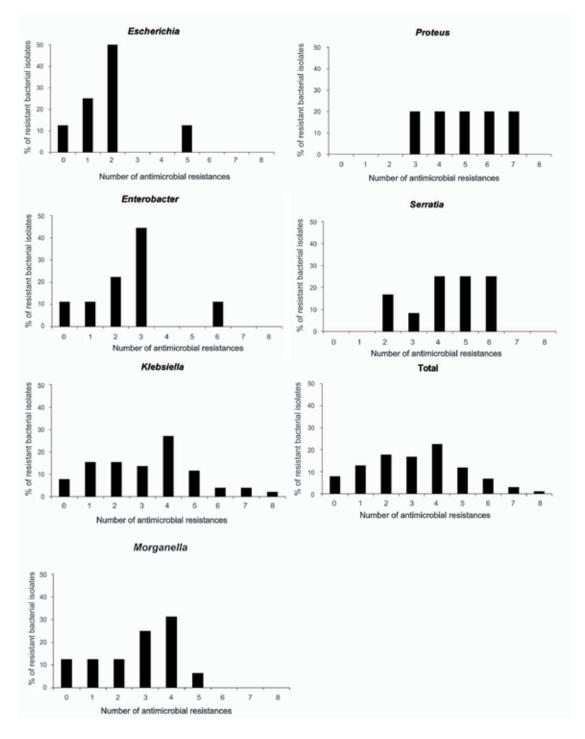


Figure 2. Differences in multiple antimicrobial resistance by bacterial genus. Only genera with sample size ≥ 5 were included.

related with the three most relevant components obtained by PCA, Chl *a*, pH and temperature, which altogether explained 91% of the variance for both seasons (data not shown). Multiple regression results showed that pH, temperature and Chl *a* concentration were not correlated to antimicrobial resistance patterns according to the seasons.

DISCUSSION

This study shows that members of the family Enterobacteriaceae are only a fraction of the total number of culturable bacteria in pristine freshwater (data not shown). Among the clinically important Enterobacteriaceae observed were: *Klebsiella, Proteus, Enterobacter, Morganella*, and *Serratia*. The high resistance percentage to at least one antimicrobial agent (93%) and to multiple-antimicrobial agents (61%) for freshwater enterobacteria observed herein have also been found in bacteria isolated from rural groundwater supplies (McKeon et al., 1995) and wild mammals (Salyers et al., 2004). These studies also noted that ampicillin-resistance was common. In contrast, Gõni-Urriza et al. (2000) reported that ampicillin and multiple-antimicrobial resistance percentages in bacteria from an urban effluent were much lower than the one we found. Therefore, the present study has important implications for the interpretation of results from polluted sites. Additionally, studies of clinical isolates also showed that the β -lactam-resistance was as high as in our findings (Bantar et al., 2000; Brisse and Duijkeren, 2005). Our data also agree with the cited studies that revealed uncommon resistance to aminoglycosides.

The high incidence of resistance to antimicrobials herein observed could be related to some well-known resistance mechanisms. Nitrocefin hydrolysis data suggest that β -lactamase production is the main ampicillin-resistance mechanism in these isolates. Ash et al. (2002) also observed the same phenomenon in Gram-negative bacteria from rivers. In addition, the presence of the *bla_{TEM}* gene will be important in determining transmissibility of β -lactamase resistance since this gene is known to be associated with transposons and plasmids (Gootz, 2004). On the other hand, in accordance to Rahman et al. (2004) and Andres et al. (2005), the resistance to amoxicillin-clavulanic acid suggests that the isolates can produce extended-spectrum β -lactamases.

The observed variations in the percentages and patterns of resistance among the isolates and the lower resistance percentage during the dry season probably reflect changes in the composition of the bacterial populations sampled. The data also suggest that susceptible bacteria may have a higher survival rate than antimicrobial-resistant bacteria in surface waters during the dry season. According to Andersson and Levin (1999), the acquisition of an antimicrobial-resistant phenotype reduces bacterial fitness and, therefore, replacement of resistant populations by susceptible populations may occur in the absence of selection and/or nutrient.

The abiotic factors pH and temperature and the biotic factor Chl *a* concentration did not influence the antimicrobial resistance patterns. Our study demonstrates that resistance patterns change over space and time. It is tempting to suggest that there are constant changes in bacterial genomes through mutations, horizontal gene transfer and other recombinational events. The present results show the presence of multiple antimicrobial resistance in pristine freshwater bacteria with dynamic resistance profiles. In addition, the resistance profiles do not

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seem to result from changes in environmental conditions. The findings here obtained are quite alarming, when considering the detection of drug-resistant bacteria from hospitals and animal sources, and hence may have clinical implications.

ACKNOWLEDGMENTS

We appreciate the financial support given by CNPq (Brazil), FAPEMIG (Brazil) and PROGRAD-UFMG (Brazil) in the form of a scholarship to C.I. Lima-Bittencourt. The authors are especially grateful to students from the Laboratory of Benthic Ecology in the Department of Biologia Geral (ICB-UFMG) for field assistance and to Andréa Reis for laboratory assistance.

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